

Self-Screening Checklist

As part of our plans to reopen the GRC NRH campus for Sunday service, we request all staff, attendees and guests review this self-screening form. Please privately answer these questions before making your way to church.

	YES	NO
1. Have you had a fever (greater than 100°F) in the last 24 hours, without the use of fever-reducing medicines?		
2. Do you have shortness of breath or difficulty breathing?		
3. Do you have a new cough or sore throat?		
4. Are you experiencing repeated shaking with chills?		
5. Have you experienced a new loss of taste or smell?		
6. Have you experienced digestive issues—like diarrhea, vomiting, or abdominal pain?		
7. Are you ill or caring for someone who is ill?		
8. Do you have muscle pain?		
9. Do you have a headache?		

If you answered “Yes” to **any** of the questions above, or are otherwise showing symptoms that may be related to COVID-19, please stay home and join us for service online instead.

You may be asked to self-isolate until fever-free for 3 days or until at least 14 days have passed since other symptoms first appeared, unless you have a doctor’s clearance to attend gatherings or have a negative Covid-19 test result.

While on campus:

- All GRC staff, attendees and guests are required to wear face masks whenever they are not seated in the auditorium.
- Wash hands frequently and use hand sanitizer when possible, especially after touching doors, railings, and other high-touch areas.
- Be friendly, but avoid shaking hands or other physical contact for the time being.
- Respect personal space and practice social distancing of at least six feet. Follow directional signage and modified pedestrian traffic flow to better maintain physical distancing.